Integration: Module 2

**Answer the questions below and email to** **jenna@jennafurnari.com** **when complete.**

1. **What is milk let down?**
2. **What are the cardinals of this technique? List the steps in order of what a mother should do: A mother should…..**
3. **How does mother know its not a proper latch?**
4. **What are the risks of improper latch on?**
5. **What is Breast engorgement and what problems can it lead to?**
6. **What are the 4 main positions in breast feeding?**
7. **What is the most natural way for a mother to “clean” her breasts?**

Mothers will often ask the following questions:

1. **How often should my newborn be feeding during the first 2 weeks?**
2. **How many pee diapers are normal?**
3. **How many Poops should I expect?**
4. **What is hind milk?**
5. **Which breast should i feed on first or do I do both breasts each time ?**
6. **How long should they feed?**
7. **I just delivered and feel so engorged. What is the problem with pumping during the first 4 days?**
8. **We just delivered and is it ok to let my baby sleep through the night?**
9. **I just delivered and my baby seems sleepy and drifts off during feeding. She doesn’t seem interested. What do I do?**